



Canterbury Road, Leyton

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Canterbury Road is a small terraced house in a quiet residential street in Leytonstone. It provides a safe and comfortable environment, as well as community-based day services for adults with complex needs and who can exhibit challenging behaviour.

The service, formally run by ACS, has been in existence for 8 years, with RCHL managing the service since June 2008. We're also working towards accreditation with the National Autistic Society.

Our services and activities

Canterbury Road provides services to adults with complex needs and who can exhibit challenging behaviour if their routine is disrupted. As such, Canterbury Road has become a specialist service dealing with the high end of challenging behaviour and autism.

People using services here range in age from 30 to over 60. They all have 1:1 (or 2:1) support and a service that is individually tailored to their needs. The base is used if there are adverse weather conditions, or if an individual has particular health issues or requires a safe place during periods of anxiety.

There are also small managed group activities such as bowling and day trips (for example, visits to the Tropical Wings Butterfly Park, the London Aquarium, Kew Gardens and the seaside).

Other regular activities enjoyed by people at Canterbury Road include pub meals, ice skating, the cinema and other social events.

The service operates seven days a week and includes evening sessions.



Redbridge Community Housing Limited
Registered as an Industrial and Provident Society
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Chairman: Jerry Hughes,
Chief Executive: Paul Allen.