



Waltham Forest Day Services

194 Brookscroft Rd
Walthamstow
London
E17 4TA
Tel: 0208 531 8385
dayservices2@rchl.org.uk

Waltham Forest Project Day Services was developed to provide local community-based day services to the increasing number of people referred from Waltham Forest to our popular Redbridge Day Services.

We opened our doors here in Walthamstow in March 2010, and access not only Waltham Forest, but London and Essex too.

The building, which belonged to Mencap, has been totally refurbished to accommodate our service users who use wheelchairs and has state-of-the-art personal care facilities.

Activities

We offer a new way of providing day services for people with a wide range of learning and physical disabilities. Activities are not based at the service, but take place in the community, making use of all available resources. This means there are better opportunities for people using our services to be integrated into community life.

In the words of one of our parents, Mrs Audrey Dunnage, "A local base has made a real difference. It has greatly cut down my daughter's travel time and I can walk round and bring her home myself".

All our activities are arranged to meet the needs and aspirations of the individual, and within the Person Centred Planning framework and Support Planning. Depending on the activity or session, people can take part on their own or with staff support, either one-to-one or in a group.

We access and are continually exploring different types of community-based activities, such as:

- Art
- Relaxation
- Hydrotherapy
- Pottery
- College



Redbridge Community Housing Limited
Registered as an Industrial and Provident Society
with charitable status number 26874R.
Chairman: Jerry Hughes,
Chief Executive: Paul Allen.

- Sensory at 'The Limes'

As well as keep fit activities such as:

- Trampolining
- Swimming
- Horse riding
- Sailing

And social activities such as:

- Day trips
- Cinema
- Cafés
- Restaurants
- Bowling

Get in touch

If you're interested in finding out more about us, please either contact your social worker or care manager, or us directly:

Call: 0208 531 8385
Email: dayservices2@rchl.org.uk
Write to: Louise House
194 Brookscroft Rd
Walthamstow
London
E17 4TA